



Live Masterclass with Q&A

Heal the Family, Heal the Child

An Experiential Therapeutic Approach

with Terry Levy, PhD & Diane Poole Heller, PhD



April 29, 2021 (Thursday)



at 1:00 pm ET / 11:00 am MT / 10:00 am PT



INTRODUCTION TO DR. TERRY LEVY

- Psychotherapist, trainer, supervisor for over 40 years
- Licensed clinical psychologist in Colorado and Florida, USA
- Board-certified forensic examiner
- Previous founder and director of the Family Life Center (Florida)
- Co-author of the best-selling book, *Attachment, Trauma and Healing (2014)*
- Co-author of *Healing Parents: Helping Wounded Children Learn to Trust and Love (2006)*
- Editor of Handbook of *Attachment Interventions (2000)*
- Currently lives and practices in Evergreen, Colorado



A BRIEF OVERVIEW OF FAMILY SYSTEMS THERAPY

- Resolves trauma in the context of the family (including developmental trauma)
- Facilitates understanding of relational conflict and trauma
- Promotes healing by supporting the individual and family as a whole
- Fosters awareness of how parents' attachment injuries and trauma impact the child
- Helps caregivers/parents develop secure attachment skills to support the child



HEAL THE FAMILY. HEAL THE CHILD. *An Experiential Therapeutic Approach*

THREE KEY POINTS FOR TODAY'S DISCUSSION:

- **Why the Family System approach is essential in therapy**
- **How relational healing impacts families and the community**
- **Why trauma-based therapy needs to be experiential**



WHY THE FAMILY SYSTEM APPROACH IS ESSENTIAL IN THERAPY

- We need to create a safe and secure environment for healing.
- Family System therapy is geared toward healing in the relational field.
- We focus on healing the entire family unit, including parental/caregiver trauma and childhood trauma.
- Teaches calm parenting skills and eliminates the “broken” or “bad” kid concept
- Helps the entire family attain “earned attachment”



HOW RELATIONAL HEALING IMPACTS FAMILIES AND THE COMMUNITY

- As humans, we do not live in a vacuum in isolation
- Family System therapy focuses on the whole family system or societal connection
- When we heal children and families, it has a positive impact on the community by creating more healthy, contributing members
- Has the potential to stop inherited attachment injury and trauma



WHY TRAUMA-BASED THERAPY NEEDS TO BE EXPERIENTIAL

- Trauma happens in the relational field (human-to-human)
- We need to understand how trauma works in the brain
- Experiential therapy rewires the traumatized brain, modifies negative core beliefs, facilitates the development of constructive coping skills and effective management of painful emotions
- Experiential interventions have positive emotional, cognitive, neurobiological and interpersonal healing



NEW TRAINING NOW OPEN FOR A LIMITED TIME

Join Dr. Terry Levy and Dr. Diane Poole Heller for...

Attachment & Trauma-Informed Therapy for Children, Adults, Couples and Families

A monthly online educational program exploring an experiential, whole-family approach, so you can heal childhood trauma, restore secure attachment and help turn tragedy into triumph.



Registration closes May 17, 2021 at 11:59 pm PT

Here's What We'll Cover in the Next 6 Months



- ✓ **MODULE 1:**
Attachment, Trauma & Family Systems Therapy
- ✓ **MODULE 2:**
Experiential Interventions
- ✓ **MODULE 3:**
Healing Parents Training
- ✓ **MODULE 4:**
Attachment Communication Training
- ✓ **MODULE 5:**
Corrective Attachment Therapy and Parenting
- ✓ **MODULE 6:**
Facilitating Parent-Child Attachment

Here's what you get every month...

#1: Downloadable Video Training, Audio and Transcripts

Get 24/7/365 access to all the teaching videos. Watch and learn on your time.

You'll also get PDF transcripts and audio files because we know some people prefer not only to watch material, but listen and take notes on written copy.



Here's what you get every month...



#2: One LIVE Monthly Call: Training + Q&A

Each month, we'll have a training call to review the teachings, learn from real cases and discuss topics comprehensively.

We'll also share experiential exercises so you can see how to apply the work immediately to your practice.

As always, there will be time at the end of the call for your questions.

Can't attend live? Don't worry, there's always a replay.

Here's what you get every month...

#3: Client Demos + Case Studies with Dr. Levy

Observe how one of the most respected child and family therapists in the world works with his own clients.

Every month, Dr. Levy will share a 30-minute case study that follows a client through their therapy journey. You'll see their remarkable responses to interventions and witness their progress over time.

We'll go in-depth and discuss the strategies used—you'll also learn how to apply corrective exercises and skills to your own therapeutic sessions.



Here's what you get every month...



#4: Access to our Private Membership Community & Facebook Group

You'll join a warm, friendly and encouraging online community where we support each other as we learn.

It's also a great place to discuss difficult cases, ask questions and share valuable resources and information.

PLUS, these special **BONUSES!**



- ✔ **BONUS #1:**
60-minute Implementation Call with
Dr. Diane Poole Heller & Dr. Terry Levy
- ✔ **BONUS #2:**
Interview with Anna Chitty & Ray
Castellino on *Working with the
Relational Field Through the
Lens of Birth*
- ✔ **BONUS #3:**
Intake & Assessment Packet Created
by Dr. Terry Levy

**Develop practical skills and interventions
to restore secure attachment and heal families**

RESERVE YOUR SPOT TODAY FOR JUST

\$67 / MONTH

YES! I WANT IN!

Join today & get immediate access!

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